



*the*

**S A Y U R**

**C A T A L O G**



**EATS,  
SHOOTS  
& ROOTS**

# DRY HERBS

## Aloe Vera

Lidah Buaya



## Indian Borage

Bangun-Bangun



## Lemongrass

Serai



## Oregano

Oregano



## Tarragon

Taragon



# WET HERBS

## Chinese Celery

Daun Sadri



## Chinese Chives

Ku Chai



## Cilantro

Ketumbar



## Holy Basil

Tulsi



## Lemon Basil

Kemangi



## Pandan

Pandan



## Parsley

Pasli



## Pennywort

Pegaga



## Peppermint

Pudina Peppermint



## Spear Mint

Pudina



# ULAM

**Spring onion**

*Daun Bawang*



**Agathi**

*Turi*



**Banana blossom**

*Jantung Pisang*



**Sweet Basil**

*Selasih*



**Asam gelugur**

*Asam gelugur*



**Bebuas**

*Bebuas*



**Thai Basil**

*Selasih Siam*



**Asiatic Colubrina**

*Peria Pantai*



**Bilimbi**

*Belimbing Buluh*



**Sawtooth Coriander**

*Ketumbar Java*



**Baby Corn**

*Putik Jagung*



**Broadleaf plantain**

*Ekor anjing*



**Laksa Leaf**

*Daun Kesom*



**Balloon Vine**

*Peria Bulan*



**Buffalo's spinach**

*Sudu itik*



**Cup Leaves Panax**  
Puding Semangkok



**Fiddlehead Ferns**  
Pucuk Paku Hijau



**Kerdas**  
Buah Pelong



**Daun Kaduk**  
Daun Kaduk



**Noni**  
Mengkudu



**Leucaena**  
Petai Belang



**Dill**  
Adas Manis



**Indian Fleabane**  
Beluntas



**Lime berry**  
Cemamar



**Duck's Eye**  
Mata Itik



**Ivy gourd**  
Timun Tikus



**Oval-Leaf Monochoria**  
Keladi Agas



**False Daisy**  
Aring-Aring



**Jering**  
Jering



**Palm Heart**  
Umbut Kelapa



**Purple cactus vine**  
.....  
*Sambung Nyawa*



**Shiny Bush**  
.....  
*Ketumpang Air*



**Water Hyssop**  
.....  
*Beremi*



**Purslane**  
.....  
*Beremi*



**Skunkvine**  
.....  
*Sekentut*



**Water mimosa**  
.....  
*Kangkung Puteri*



**Putat**  
.....  
*Putat*



**Tenggek Burung**  
.....  
*Kuayah*



**Wild Tea**  
.....  
*Teh Pagar*



**Rose Cactus**  
.....  
*Jarum Bintang Tujuh*



**Cosmos**  
.....  
*Ulam Raja*



**Yellow Burhead**  
.....  
*Paku Rawan*



**Sessile Joyweed**  
.....  
*Rumput Aur / Serapat*



**Water Celery**  
.....  
*Daun Selom*



# WET HERBS

## **Turmeric**

*Kunyit*



## **Ginger**

*Halia*



## **Torch Ginger**

*Bunga Kantan*



## **Galangal / Lengkuas**

*Lengkuas*



## **Aromatic Ginger**

*Cekur*



# BEANS

## **Long Bean**

*Kacang Panjang*



## **Hyacinth Bean**

*Lablab / Avarakkai*



## **French Bean**

*Kacang Buncis*



## **Snake Bean**

*Kacang Ular*



## **Soya bean**

*Kacang Soya*



# FRUITING VEG

## Four Angled Bean

*Kacang Botol*



## Bell Pepper

*Cili Paprika*



## Birdseye Chili

*Cili Padi*



## Big Chili

*Cili Besar*



## Cucumber

*Timun*



## Bittergourd

*Peria*



## Kafir Lime

*Limau Purut*



## Calamansi

*Limau Kasturi*



## Key Lime

*Limau Nipis*



## Chayote / Choko

*Labu Siam*



## Long Brinjal

*Terung Panjang*



# LEAFY

**Loofa / Angled Gourd**  
.....  
*Petola*



**Snake gourd**  
.....  
*Petola Ular*



**Amaranth**  
.....  
*Bayam*



**Okra / Ladysfingers**  
.....  
*Bendi*



**Tomato**  
.....  
*Tomato*



**Brazilian Spinach**  
.....  
*Sissoo Spinach*



**Pumpkin**  
.....  
*Labu*



**Watermelon**  
.....  
*Tembikai*



**Cabbage**  
.....  
*Kubis*



**Roselle**  
.....  
*Rosella*



**Winter Melon**  
.....  
*Kundur*



**Cauliflower**  
.....  
*Kubis Bunga*



**Round Brinjal**  
.....  
*Terung Bulat*



**Celery**  
.....  
*Sadri Besar*



# SHOOTS

## Chinese Cabbage

*Kubis Cina*



## Pak Choy

*Pak Choi*



## Asparagus

*Pucuk Asparagus*



## Chinese Kale

*Kai Lan*



## Rocket

*Daun Salad Rokat*



## Bamboo Shoots

*Pucuk Buluh*



## Water Spinach

*Kangkung*



## Mustard Greens

*Sawi*



## Pumpkin Shoots

*Pucuk Labu*



## Lettuce

*Daun Salad*



## Surinam Spinach

*Ginsing Jawa*



## Malabar Spinach

*Tembayung / ChanChoy*



## Watercress

*Selada Air*



# SPROUTS

## Bean Sprouts

*Taugeh*



## Radish Sprouts

*Pucuk Lobak*



# SALAD

## Four Season Lettuce

*Daun Salad*



## Celtuce

*Daun Salad Seltus*



# LEAFY SHRUB

## Drumstick

*Moringa*



## Sweet Leaf

*Pucuk Manis*



# FLOWERING

**Butterfly Pea**  
Bunga Telang



**Marigold**  
Bunga Marigold



**Pumpkin flower**  
Bunga Labu



# ROOTS

**Cassava / Tapioca**  
Ubi Kayu



**Fingerroot**  
Temu Kunci



**Five-leaved Chaste Tree**  
Lemuni Hitam



**Garden Nightshade**  
Terung Ranti



**Ground Nuts**  
Kacang Tanah



**Lotus Root**  
Akar Teratai



**White turmeric**  
Temu Pauh



**Onion**  
Bawang



**Chinese Turnip**  
Sengkuang



**Shallot**  
Bawang kecil



# FRUIT TREES

## Sweet Potato

*Ubi Keledek*



## Banana

*Pisang*



## Fig

*Buah Ara*



## Taro / Cocoyam

*Ubi Keladi*



## Brazilian Cherry

*Brazilian Cherry*



## Guava

*Jambu*



## Termeric

*Kunyit*



## Cashew

*Gajus*



## Jackfruit

*Nangka*



## White Radish

*Lobak Putih*



## Coconut

*Kelapa*



## Umbra

*Kedondong*



## Dragon Fruit Plant

*Pokok Buah Naga*



## Mango

*Mangga*



## TALL CROPS

### Mulberry

Mulberi / Kertau



### Papaya

Betik



### Passionfruit

Markisa



### Pea eggplant

Terung Pipit



### Petai

Petai



### Sugar cane

Tebu



### Corn

Jagung



## MUSHROOMS

### Mushrooms

Mushrooms





## EATS, SHOOTS & ROOTS

Eats, Shoots & Roots adalah sebuah syarikat sosial yang bertujuan untuk menghubungkan orang ramai dengan alam semula jadi melalui budaya makan.

Kami menganjur bengkel, kursus , perundingan, buruh, bahan-bahan berkebun untuk membantu orang ramai di bandar berkebun di tempat kediaman atau bekerja di bandar.

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